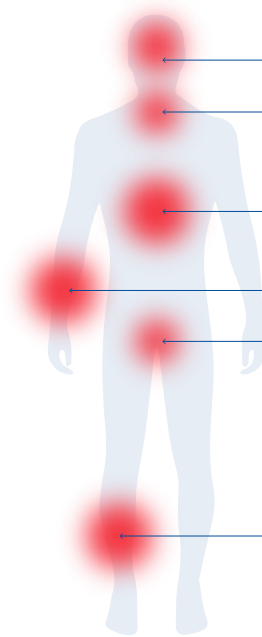


# doctor discussion guide

Do you experience uncomfortable or painful episodes of swelling?

Yes  No

## areas where swelling has occurred



Face/Lips

Throat

Abdomen

Arms/Hands

Genitals

Legs/Feet

Other: \_\_\_\_\_

## additional symptoms

### skin

Itchiness  Yes  No

Hives  Yes  No

### abdomen

Swelling of the abdomen  Yes  No

Abdominal pain  Yes  No

Diarrhea  Yes  No

Nausea  Yes  No

Vomiting  Yes  No

Other: \_\_\_\_\_

### throat

Difficulty swallowing  Yes  No

Difficulty breathing  Yes  No

Voice changes  Yes  No

## my episodes

Does your swelling improve with antihistamines, glucocorticoids, and/or epinephrine?

Yes  No

How long does a swell typically last? \_\_\_\_\_

Do you experience any warning signs before a swell (eg, redness, a non-itchy rash, or tingling)?

Have you noticed if your swells are related to any triggers (eg, stress, infection, menstruation, or injury)?

## my history

Does anyone in your family have similar symptoms?

Yes  No

When did your symptoms begin  
(eg, during childhood, adolescence, or adulthood)?

Number of ER visits in the last year due to  
swelling or abdominal pain

Have you undergone a surgical procedure that hasn't helped your symptoms?

Current medications